



Project Name: Zentangle Art

Description: Zentangle is an art form that uses lines and shapes to create intricate patterns. In this project, you'll create your own patterns and put them together into a stunning art piece!



Source: https://drive.google.com/open?id=1oSmDZC6Ql6a-iUi_IADu7dVV9ulhTcUr

Materials:

- Paper
- Pen/black marker
- Pencil (optional)
- [Zentangle Pattern sheet pdf \(optional\)](#)
- Paper (thicker paper like cardstock would be ideal)

Step 1	To get started, think about a simple line. How can a simple line change? We could make it bold, thin, dotted, or dashed. We could put several lines together. They could criss-cross, they could make a grid, they could run parallel.
Step 2	Using the Zentangle Pattern sheet (or a blank piece of paper), experiment with creating patterns. Use wiggly lines, straight lines, or thick lines - whatever you feel! Use your pen or marker to lay down your lines. *Extra challenge: Using a pencil, see how shading impacts the look of your patterns. You can achieve a more three dimensional look.
Step 3	Once you have a few patterns you like, move to a blank piece of paper (you can always cut your paper smaller). Begin filling your page with an ink pen or marker. You can start and stop wherever you



	<p>like! Zentangles are meant to be relaxing and not intimidating.</p>
<p>Step 4</p>	<p>Once you've laid your lines, you can go back in with a pencil.</p> <p>You can use your pencil to create shade and <i>value</i> (think shadows and highlights). This can help your Zentangle "pop." If you're unsure where to start, try shading along your heavy lines (like in the guide below).</p> <p>Applying different amounts of pressure with your pencil will give you lighter and darker grey. Also, experiment with shading in different directions. You can use an eraser to highlight areas you've shaded.</p>
<p>Step 5</p>	<p>Check out this example if you want some inspiration for shading:</p> <p>Source: https://drive.google.com/open?id=1oILBOP_gow3HK1Hbl3SwwLOtrc5q7gGU</p>
<p>Step 6</p>	<p>Share your patterns (or even a step-by-step guide) so others can use them in their Zentangle creations.</p>

**How to Share:**

Sharing a photo of your finished project is optional.

To share your project, head to <https://dhf.io/shareproject> and fill out the form!

Additional Contact: TBD

We're still working out the details for this! Stay tuned - we'll be sending out updates.